

Heroes News Corner

April 2024

The CCDS Individualized Community Services

Professional of the Quarter!

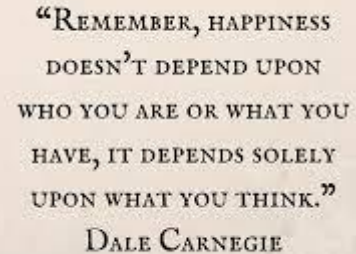
Congratulations to Sandy Mancini!

Sandy has been a part of CCDS for many years. Over the years she has developed a strong positive relationship with one particular individual. Sandy is someone who enjoys helping others and comes to work with a smile on her face. Her kind heart and giving spirit does not go unnoticed. Sandy has taken the time to learn and keep up with ever-changing technology.

When she needs help, she is willing to receive it. She always shows her appreciation. Sandy makes sure to take her time to ensure her individual is reaching their goals. She takes them places to volunteer in addition to taking them to work out and teaching them how to take care of themselves. Thank you Sandy for all that you do!



“WE MAY ENCOUNTER MANY DEFEATS BUT WE MUST NOT BE DEFEATED.”
—Maya Angelou



“REMEMBER, HAPPINESS DOESN'T DEPEND UPON WHO YOU ARE OR WHAT YOU HAVE, IT DEPENDS SOLELY UPON WHAT YOU THINK.”
DALE CARNEGIE

Congratulations Sandy on a well-deserved nomination!



Time at CCDS: 24 years

Happy Anniversary!

Congratulations to the Community Supports Professionals who are celebrating service anniversaries in April!

Jacquelyn Doherty- 17yrs

Emmie Hagadone- 7yrs

Anna Krupa- 1yr

Happy Birthday!

Soad Fahim- April 11th

Peter Archard- April 12th



Community Corner

Saratoga County

April Take and Make: Potting Prep

When: Monday, April 1st all day

Where: Saratoga Springs Public Library, 49 Henry Street Saratoga Springs NY 12866

Cost: free

Sunday Funday: Live Music at the Taproom

When: Sunday, April 7th, 3-5pm

Where: Artisanal Brew Works, 617 Maple Ave, Suite D, Saratoga Springs NY 12866

Cost: free admission, food and drink vary

Albany County

Albany Film Fest

When: Saturday, April 6th from 10:30am-7pm

Where: NY State Writers Institute, 1400 Washington Ave, Albany NY 12222

Cost: free

Bachata Tuesdays

When: Every Tuesday in April, 7-8pm level 1 class, 8-9pm level 2 class, 9-11pm social dancing

Where: Ritmo Room, 173 Spruce St, Albany NY 12210

Cost: \$10-15 per person depending on class

Warren County

Karaoke Night

When: Thursday, April 4th from 7-9pm

Where: 1000 Acres Ranch, 465 Warrensburg Rd, Stony Creek NY 12878

Cost: free admission

Jack & Jill Pool Tournament

When: Saturday, April 13th registration and practice start at 5pm

Where: 1000 Acres Ranch, 465 Warrensburg Rd, Stony Creek NY 12878

Cost: \$10 entry fee

Schenectady County

Autism Awareness Day at Dinos Alive

When: Tuesday, April 2nd from 10am-6pm

Where: Armory Studios NY 125 Washington Ave Schenectady NY 12305

Cost: \$15 per child and \$25 per adult

Jay Street Marketplace Sunday Market

When: Sunday, April 14th from 10am-2pm

Where: Jay Street Marketplace, Jay St. Schenectady NY 12305

Cost: free admission, vendors vary

Washington County

Opening weekend + Free Greenhouse Tour

When: Saturday April 20th from 10am-3pm

Where: Gardenworks Farm, 1055 County Route 30 Salem NY 12865

Cost: free admission

Food Truck Friday –Homesteading Festival

When: Friday, April 26th from 4-8pm

Where: Washington County Fairgrounds, 392 Old Schuylerville Rd Greenwich NY 12834

Cost: free admission, vendors vary

Columbia County

Spring Awakening Dance Party

When: Friday, April 12th from 7-9pm

Where: The Copake Grange, 628 Empire Rd Copake NY

Cost: \$5 suggested donation, learn more at

<https://www.copakegrange.org/events/2024/4/12/dance-party>

Del's Bingo

When: Tuesday, April 16th at 6pm

Where: Del's Roadside, 4 Smith Rd Kinderhook NY 12106

Cost: free admission



"Turning disabilities into capabilities; providing quality services with integrity, compassion and respect."