July 2024

A MONTHLY NEWSLETTER ABOUT YOUR RIGHTS AND RESPONSIBILITIES

this issue

Rights of the Month

Send and Receive Mail Make / Receive Calls Spend Money Be Safe Vote Live Where You Want Belong to Groups Have the Best Health Practice Cultural and Religious Beliefs Be Heard, Have Freedom of Expression Be Free From Abuse, Neglect and Mistreatment *Have Personal*

Possessions

Have Privacy Obtain Meaningful and Productive Work Decide and Participate in What People Say, Share and Write About You Make Decisions About Your Life Have Family, Friends & Intimate Relationships Express Grievances and

Object to Services

Right to Have Personal Possessions

CQL References P.1

Personal Belongings Word Search P.2

You Have the Right to Have Personal Possessions!

It's Important For People With Disabilities To Have Personal Possessions For Several Reasons:

- 1. <u>Autonomy and Independence:</u> Having personal possessions allows individuals with disabilities to make choices and decisions about their own lives, which fosters independence and autonomy
- 2. <u>Identity and Self- Expression</u>: Personal possessions can reflect an indivudal's interest, preferences, and values. This enables people to express themselves and maintain their identity.
- Security and Comfort: Familiar personal belongings can provide emotional comfort and a sense of security, which is especially important for people with disabilitites who may face unique challenges and stresses.
- Equality and Inclusion: The right for people with disabilities to own personal belongings promotes inclusion and equality, recognizing their equal rights and dignity.



Regarding possessions and ownership, the Coucil on Quality Leadership (CQL) states, people with disabilities have the right to:

- Buy and acquire things of choice
- Sell and dispose of things
- Control the use of things by others
- Obtain protection and insurance for property and things
- Lock up, secure and keep things safe and private

It's necessary to recognize that people with disabilities have the same rights and desires as anyone else, including the right to own and manage personal possessions. This recognition promotes a more inclusive and supportive society.

> - Bridget Murphy, Quality Assurance and Training Specialist

Personal Belongings

paintings	backpack	glasses	TV
picture	wallet	jewelry	keys
phone	shoes	watch	hat
tablet	laptop	purse	